

REDUCING THE ALCOHOL CONTENT “Burning off the Alcohol”

We recommend burning off the alcohol when taking liquid herbal tinctures. To do this, place 1 to 3 ounces of simmering (not boiling!) distilled water into an empty cup, then put all your liquid formulas together in the cup of water. Allow to cool for approximately 10 minutes, during which time the steam carries off some of the alcohol.

Liquid herbs can also be consumed in fruit juice, plain water, or a smoothie!



Floater's in Your Tincture?

Don't panic! It's actually particles of herbs that were not fully strained- this is a good thing! It makes your tinctures stronger and will not cause any harm by being consumed.

www.DrMorsesDetoxCenters.com
(941) 255-1970

Tincture, Glycerin & Capsule Dosing

(all doses should be taken 3 times per day)

Approx. Weight	Standard	Acute
Infants or small Animals (less than 25 lbs.)	1 drop per 8 lbs. ¼ capsule	2 drops per 8 lbs. ½ capsule
25-50 lbs.	⅔ dropperful ½ capsule	1 dropperful ¾ capsule
50-75 lbs.	1 dropperful 1 capsule	1½ dropperful 1½ capsules
75-150 lbs.	2 dropperfuls 2 capsules	3 dropperfuls 3 capsules
150-225 lbs.	3 dropperfuls 3 capsules	4½ dropperfuls 4 capsules
225-300 lbs.	4 dropperfuls 4 capsules	6 dropperfuls 6 capsules

Tincture/Glycerin Measures



Note: If you can't pull up enough liquid to fill the pipette with two squeezes, then just use two of the "one dropperful" level.

Bottles last approximately 2 weeks when herbs are taken at the standard dose for 75-150 lbs. Dosage for higher or lower weights, or using acute dosing, will alter length of time bottles last.