#1 – Just as we eliminate our wastes into a toilet, the cells eliminate their wastes into the lymphatic system. #4 – After being broken down, final elimination takes place as the lymph filters out the final byproducts via the kidneys (or the skin, especially if the kidneys are weak and/or overloaded), the same way waste from the home would pass from the septic tank to the leechfield to disperse to the ground.

The

## **Great Lymphatic System**

## The Body's Sewer System!

hages d cells

destroy \_\_\_\_\_ damaged cells

#3 – Just as bacteria in a septic tank breaks down waste, the bacterium in a lymph node breaks down acid wastes, while macrophages destroy damaged cells.

Breaks down

acids and wastes

#2 – These wastes are carried out to the Lymph Nodes by the Lymphatic Vessels, just as the sewer pipes carry them to the septic tank.